# WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF OCTOBER 23, 2024

### CALL TO ORDER

The Community Mental Health Board Meeting of Wheeling Township, for October 23, 2024 was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois. President Susan Hayes called the meeting to order at 7:00 p.m.

## **ROLL CALL**

Secretary Bill Dixon called the roll and the following members were present, Bill Dixon, Jeanne Hamilton, John Lubbe, JoAnne Schultz, Jack Vrett & Susan Hayes.

Absent: Jim Ruffatto

Also, in attendance: Wheeling Township Attorney Kenneth Florey, and Wheeling Township Director of Finance and Administration Regina Stapleton.

## PLEDGE OF ALLEGIANCE

President Susan Hayes led those assembled in the Pledge of Allegiance.

## **APPROVAL OF MINUTES**

# MOTION #1: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP SPECIAL BOARD MEETING ON OCTOBER 9, 2024.

Motion by JoAnne Schultz, seconded by Jack Vrett, to approve the October 9, 2024 Wheeling Township Special Board Meeting minutes.

VOICE CALL VOTE: ALL AYES...

NAYS: None....Motion #1 Carried.

# MOTION #2: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MEETING ON OCTOBER 9, 2024

Motion by Jack Vrett, seconded by Jeanne Hamilton to approve the October 9, 2024 Wheeling Township Community Mental Health Board Meeting minutes.

VOICE CALL VOTE: ALL AYES...

NAYS: None....Motion #2 Carried.

## WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF OCTOBER 23, 2024

## **AGENCY HEARINGS**

Ascension Health Behavioral Health-A representative from Ascension Center for Mental Health spoke on behalf of the agency. The requested funding is \$140,000. Ascension Center for Mental Health offers the following clinical programs: individual therapy, group therapy, family therapy, psychiatric evaluations, medication management, residential treatment programs, supported education, vocational services, and case management services. They have two residential programs in Wheeling Township. There is an internship program for master's level clinicians.

News/Questions and Answers-What percentage of psychiatric clients are doing visits by Tele Health? It is estimated to be 65-70%

Ascension Health-Substance Usage-The same representative spoke on behalf of the agency. The requested funding is \$66,000. The substance abuse program has the same programs as the behavioral program. The Center was granted a Level 1 SUPR license to treat primary substance abuse. They want to hire a dedicated substance abuse counselor.

News/Questions and Answers-What will you do with the grant from Wheeling Township if awarded? It will go towards staff salaries. How long will the job posting be for the position of a counselor? It depends on the timing.

Children's Advocacy Center -A representative spoke on behalf of the agency. The requested funding is \$6,000. Children's Advocacy is a child-focused trauma-informed Center bringing health, hope and healing to young survivors of abuse & violence. The Mental Health services provide trauma-informed therapy to children 6-17 years and their non-offending family members. Most are victims of physical & sexual violence and community violence. The Mental Health services are housed in Arlington Heights. All services are provided to clients in English and Spanish and are free of charge.

News/Questions and Answers-Are families on a wait list referred somewhere else? Yes. Who are these families referred to? Omni, Ascension, The Bridge, NW Casa & Josselyn Center.

# WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF OCTOBER 23, 2024

### CITIZENS TO BE HEARD

Mike Murray was visiting from Bloomingdale Township. He stated that 3 Mental Health Boards have been created in DuPage County since 2022. He also said that Bloomingdale Township distributed flyers to every official with 708 Mental Health facts.

Philip Geyer, a resident of Arlington Heights, said that since the voters voted on the referendum, they have been kept in the dark with many tricks. He wants clarity on what the Board thinks and wants to know about the budget.

Lorrie Grainawi stated she was encouraged by the Board's discussion of things. She would like to see the Board keep the language barrier in mind. Also how to identify particular needs from the Needs Assessment

#### **BUSINESS**

Discussion-Funding Recommendations-The Board agreed that more funding is needed for substance abuse. There was much discussion about funding for Ascension. It was tentatively decided that funding Ascension Behavioral Health will be \$115,000, funding for Ascension Health Substance Abuse will be \$66,000 & Children's Advocacy will be \$8,000.

2025-2026 Funding-There was a discussion about Administrative costs. Some things discussed were hiring someone, retaining some sort of translation service, marketing & a ride-share voucher program.

### **BOARD COMMENTS**

Bill Dixon commented that the Wheeling Township Community Mental Health Board should rely heavily on what Regina Stapleton thinks would help her with providing staff support for the Community Mental Health Board.

### **MOTION # 3 ADJOURNMENT**

Motion by Jeanne Hamilton, seconded by Jack Vrett.

VOICE CALL VOTE: All Ayes...
NAYES: None...Motion #3 carried

The meeting for Wednesday, October 23, 2024, was declared adjourned at 8:42 pm. The next scheduled Community Mental Health Board Meeting is set for Wednesday, November 13, 2024, at 7:00 pm.