

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

MINUTES OF MAY 13, 2026

1. Call to Order

The Community Mental Health Board Meeting of Wheeling Township, for May 13, 2026, was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois.

President Pro Tem Bill Dixon called the meeting to order at 7:02 PM.

2. Roll Call

Board Members Present: Jaime Clark, Lorri Grainawi, John Lubbe, and President Pro Tem Bill Dixon.

Board Members Absent: Teri Pacion, Jen Underwood, and Jack Vrett.

Also Present: Executive Director, Karin Frisk.

3. Pledge of Allegiance

President Pro Tem Dixon led those assembled in the Pledge of Allegiance.

4. Citizens to Be Heard

None.

5. Approval of Minutes

a. Regular Meeting of April 22, 2026

Board Members briefly discussed the previously approved provider measurement system and the process for future revisions.

Member Clark moved to approve the minutes, seconded by Trustee Grainawi.

Voice Call Vote: All Ayes

Nays: None

Motion carried.

6. Reports

a. President's Report

President Pro Tem Dixon reported on the recent Mental Health Fair held at the Arlington Heights Memorial Library. Board members who attended noted a strong turnout and a diverse group of attendees seeking information and resources, reinforcing the value of maintaining a visible presence in the community.

b. Trustee Liaison's Report

Trustee Grainawi reported that Trisha Chokshi had been sworn in as the Township Trustee to fill the recent vacancy. She also noted that Cook County property tax bills are expected to be delayed again this year and provided an update that the Township approved moving forward with the website redesign project, which will include ADA-compliant accessibility improvements.

c. Executive Director's Report

Executive Director Frisk reported on attendance at the Mental Health Fair, the Harper College Disability Symposium, and a Healthcare Compliance Conference. She provided an update on upcoming Federal tele-behavioral health requirements affecting Medicare recipients beginning in 2028 and reported on meetings with funded agencies regarding new reporting requirements and performance metrics. Executive Director Frisk also provided clarification regarding the previously reported allocation of funding to Avenues to Independence programs and presented preliminary information regarding the FY2027-28 funding application process, including timelines, application review procedures, and agency presentations. Board Members discussed several options and provided feedback for staff consideration.

7. Business – for Discussion / For Action

a. List of Bills – Approval

Member Lubbe reported that he had audited the claims and expenditures for Batch #4/30/26 and #5/13/26 against the Community Mental Health Board Fund and recommended approval of payment in the amount of \$23,492.54.

Trustee Grainawi moved to approve payment of claims, seconded by Member Clark.

Roll Call Vote: Ayes: Clark, Grainawi, Lubbe, and Dixon
Nays: None
Motion carried.

b. Policy Manual Attachment B Updates – Approval

Executive Director Frisk presented revisions to Policy Manual Attachment B to reflect changes to the Illinois Open Meetings Act regarding remote attendance, and to update terminology within the Policy Manual Attachment.

Roll Call Vote: Ayes: Clark, Grainawi, Lubbe, and Dixon
Nays: None
Motion carried.

8. Board Member Comments

Board members discussed the value of developing annual goals with specific and measurable outcomes to facilitate evaluation of progress and success.

Executive Director Frisk also advised that nominations and elections for Board Officers would occur at the next meeting.

9. Adjournment

Trustee Grainawi moved to adjourn the meeting at 7:45 PM, seconded by Member Lubbe.

Voice Call Vote: All Ayes
Nays: None
Motion carried.

The next Regular Meeting of the Community Mental Health Board is scheduled for Wednesday, June 10, 2026, at 7:00 PM.